

## Brighter Futures, Healthy Families School Health in Thurrock NCMP Screening Results

In September 23, we informed you via your child's Parent Mail that we will be completing your child's height and weight screening for all Year 6 children.

This screening was completed on Thursday 2.11.23. If your child was in school on this day, you can now access their results via the Parent Portal.

Please access your child's health screening results and complete the short health questionnaire. It has lots of useful information. Click on the link below to register your child with the Parent Portal.

Parent Portal quick link: http://glink.uk/NELFTh2324Y6/139166

## Learn about healthy living together as a family.

A team of award-winning family nutritionists who are experts at engaging children around healthy eating and exercise in a fun way!

Click on the BeeZee bodies logo below to access free healthy lifestyles courses for all the family:



Alternatively, click on this link to For Families (beezeebodies.com)

For further support and information, please visit the Thurrock School Health Website:

<u>Thurrock school health service (5-19) | NELFT NHS Foundation Trust</u>