

SHAW

Primary Academy



Friday 31st January 2025

2024-2025 - Issue No 5

★ 5 Ways to Practice SELF-LOVE ★

1

TAKE TIME FOR YOURSELF

Set aside time each day to do something that you enjoy. This could be reading a book, working out, or playing with a pet. Taking time for yourself can help you relax and boost your self-esteem.

SURROUND YOURSELF WITH POSITIVE PEOPLE

Seek out positive people who will support and encourage you. Spending time with people who genuinely care about you can help you feel better about yourself.

2

3

PRACTICE SELF-CARE

Make sure you are taking care of your physical and mental health. Eat healthy meals, exercise regularly, and get plenty of rest.

CELEBRATE YOUR SUCCESSES

Acknowledge your accomplishments, no matter how small they are. This will help you recognize your strengths and build your self-confidence.

4

5

BE KIND TO YOURSELF

Speak to yourself with compassion and understanding. Remind yourself of your worth, even when life gets challenging.



JANUARY

Well-being Tip of the month

Be your own valentine
take time to look after





BE
kind
TO YOUR
mind

SAM Award

CLASS	20/12/2024	10/1/2025	17/1/2025	24/1/25
THEME	RESILIENCE	ADAPTABILITY	PERSEVERANCE	POSITIVE PARTICIPATION
RS	<i>Vinny Maclean-Dadds</i>	<i>Finley Farrow</i>	<i>Tiana Behluli</i>	<i>Megan Keating</i>
RD	<i>Faaz Adeshina</i>	<i>Nia Rodrigues Clementino Blank-</i>	<i>Lottie Eaglan</i>	<i>Candace Boateng</i>
IDP	<i>Hunter Conroy</i>	<i>Maya Smith</i>	<i>Omer Aliu-Rashiti</i>	<i>Grace Ridgewell</i>
IM	<i>Ella Morgan</i>	<i>Oakley Pritchard</i>	<i>Ella Morgan</i>	<i>Ellie-Rose Roberts</i>
2M	<i>Nedas Juodokas</i>	<i>Riyad Alli</i>	<i>Eze Osuji</i>	<i>Freddie Cornish</i>
2T	<i>Cristian Parasiuc</i>	<i>Kaitlyn Lee</i>	<i>Star Rose</i>	<i>Neco Ollard</i>
3C	<i>Kanma Amadi</i>	<i>Andy Li</i>	<i>Kay Agnew</i>	<i>Nabil Ahmed</i>
3ST	<i>Willow Kevil</i>	<i>Jon Sadriu</i>	<i>Vero Ispas</i>	<i>George Gunn</i>
4J	<i>Marty Potts</i>	<i>Freddie White</i>	<i>Reggie Madden</i>	<i>Ronnie Adlington</i>
4AO	<i>Archie Maclean Dadds</i>	<i>Jacob Pyra</i>	<i>William Couper</i>	<i>Lian Sadiku</i>
5B	<i>Renee James</i>	<i>Artem Lupoi</i>	<i>Nyametease Mahama</i>	<i>Louis Said</i>
5K	<i>Harry Chambers</i>	<i>Elsie-Rose Piper</i>	<i>Amarachi Osuji</i>	<i>Vadym Gulii</i>
6C	<i>Jake Clout</i>	<i>Bella Venus</i>	<i>Reuben Turner</i>	<i>Kerem Ondal</i>
6C	<i>Hunter Lattimore</i>	<i>Freddie Maclean-Daads</i>	<i>Chinedum Ihenacho</i>	<i>Ammar Koljic</i>

House Points

Below are the weekly House point winners

20/12/24	10/1/25	17/1/25	24/1/25
RUBY	TOPAZ	TOPAZ	EMERALD

Class Attendance

	Key Stage 1 Winner	Key Stage 2 Winner	Year Group Of the Week
20/12/24	2T	6C	YEAR 4
10/1/25	2T	5B	YEAR 3+5
17/1/25	2M	5B	YEAR 2
24/1/25	2M	5K	YEAR 2

House attendance of the week

The houses with the highest attendance for this month

20/12/24	10/1/25	17/1/25	24/1/25
TOPAZ	EMERALD	SAPPHIRE	RUBY





Rahinder Singh

Lewis Wright

Helen Cripps

Barin Ismail

Sophia Fairman

Ellie-Rose Roberts

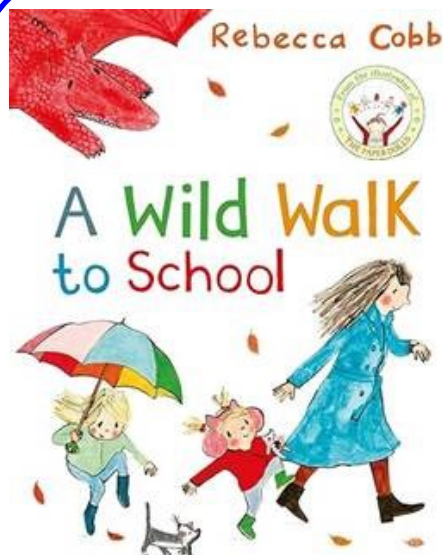
Book Reviews

Author: Ali Rutstein



The little girl who has composed this useful guide to choosing a pet has a rather unusual viewpoint. Dangerous animals like tigers, anacondas and polar bears are *in*, and the usual suspects of rabbits, kittens and puppies are definitely *out*.

Tigers, according to our esteemed guide, are cuddly, enthusiastic and fun-loving, while puppies make terrible pets because they follow you everywhere; kittens, with their razor-sharp teeth and claws are definitely not to be trusted, and woe betide the family that decide to adopt a budgie, whose dark thoughts are transmitted through their evil eyes of doom. Rhinos, on the other hand, have a wonderful earthy aroma, with a handy horn to hang your coat on. These things are all a matter of perspective, after all.



Author: Rebecca Cobb

It's time to get ready for two adventurous sisters. Mum keeps worrying about them getting to school on time, but they have more pressing things to think about. For starters, they need to vigorously test out their welly boots to ensure they offer enough protection for the big adventure ahead.

Please click on the link below to go to our School Book Blog
on our website

[Book Blog | Shaw Primary School](#)



The Reader Teacher

Reads, Reviews & Recommendations!



Check out the [Book Teacher.com](http://BookTeacher.com) for other book reviews

CLASS ASSEMBLY



RD

Class RD welcomed parents to celebrate all their hard work and hear all about their learning so far. They started with singing a hello song in many different languages. They told us that now they have learnt their phonics they can now write sentences and showed us some examples. They retold the story of 'The three little pigs' with actions and expression. They finished with a lovely song about making friends.

3ST

Last Friday Year 3 shared all the fabulous learning that they have been doing this term with their friends and families. They shared their amazing sketches of Fry to show how they have developed their art skills, and they also shared some of their excellent writing they have rewritten a story called 'I'll Take You to Mrs Cole' and diaries about a day in the life of Fry. They shared their amazing science knowledge which has building on their knowledge from Year 2. Finally, they shared one of their favourite times tables songs which is a cover of Rolling in the Deep by Adele but for the eight times tables.



SEN



THURROCK SEND FAMILY FORUM

2025 SCHEDULE



Hello@thurrocksendfamilyforum.org

JANUARY	FEBUARY	MARCH
Visually impaired Parental mental health	Epilepsy Eating Disorder	Neurodivergent & Downsyndrome event
APRIL	MAY	JUNE
Thurrock strategy launch Mutism & Stutters Health&Safety at work National pet month	Share your story Maternal mental health Deaf awareness Pathological Demand Avoidance (PDA)	Volunteers Carers week Rare chromosome & Gene disorder
JULY	AUGUST	SEPTEMBER
	Youth day Never give up day Summer event	Suicide Prevention Youth Mental Health
OCTOBER	NOVEMBER	DECEMBER
Black History Month ADHD Awareness Dyslexia	Men's Mental Health	Christmas event

**Please look on our school website
SEN section for other helpful
information**

[Special Educational Needs | Shaw Primary School](#)





Winners

Tiana Behluli

Kye Agnew

Vadym Gulii

MOMENTS MATTER, ATTENDANCE COUNTS.

PENALTY NOTICE
for not attending school

A PENALTY NOTICE IS A TYPE OF FINANCIAL PENALTY YOU MUST PAY

From 19 August 2024 you will be issued a Penalty Notice if your child has a total of 10 sessions of unauthorised absence in any period of 10 weeks.

Penalty Notices are issued to each parent, for each child.

This means if Penalty Notices were issued for 3 siblings, they would be issued to both parents – 6 Penalty Notices in total.

Legal proceedings will be taken against you if payment of a Penalty Notice is not made within 28 days.

First offence

First Penalty Notice per parent, per child, you must pay:

- £80 if you pay within 21 days
- £160 if you pay after 21 days but within 28 days

Second offence within 3 years

Second Penalty Notice within 3 years per parent, per child, you must pay:

- £160 within 28 days

Any other offence within 3 years

Legal proceedings will be taken against you if:

- your child has any further unauthorised absences within 3 years

LEGAL PROCEEDINGS COULD LEAD TO A HIGHER FINANCIAL PENALTY AND WILL RESULT IN A CRIMINAL RECORD

thurrock.gov.uk



Our Spring Attendance Challenge begun on Monday 13th January. This will run until the end of term. All children with 100% attendance and in school on time will be awarded with a certificate.



In to Win is our new attendance reward. At the end of each week all the children who have been in school on time for that week will have their names added to the In to Win wheel. During KS2 and KS1 attendance assemblies the wheel will pick a weekly winner who will receive a certificate and have their name added our newsletter.



SHAW
Primary Academy

Avon Green
South Ockendon
ESSEX
RM15 5QJ
Tel No. 01708 852367
E-mail – admin@shawprimary.thurrock.sch.uk
Website: www.shawprimaryacademy.co.uk

Friday 24th January 2025



Dear Parents and Carers

As you may be aware 'Children's Mental Health' week is 3rd – 7th February. We have decided to mark this national event on Friday 7th February with a '**Wear it Green Day**.' Children can come to school on this day wearing an item of green clothing such as; green t-shirt, green jumper, green trousers or even a green socks! They can even come to school in a completely green outfit.

The year's focus is "**Know Yourself, Grow Yourself**", with the aim to encourage children across the UK to embrace self-awareness and explore what it means to them. During the day, the children will learn why it is so important to understand what makes us tick, our likes and dislikes, strengths, fears, hopes and dreams. They will take part in activities which will teach them how their emotions play a key role in building self-awareness. It is through knowing themselves and speaking with others, that they can build resilience, grow and develop. Children will also be learning different strategies in order for them to calm to regulate their emotions.

For more information please visit [Families - Children's Mental Health Week](#) where you will find useful tips, ideas and activities for you to complete with your child. We also have a wellbeing page on our website [Family Well-Being and Mental Health Support | Shaw Primary School](#)

We are really looking forward to our '**Wear it Green Day**' and we hope you will join in our plans to recognise the importance of 'Children's Mental Health and Well-being by wearing something green | on this day.

Thank you for your continued support.

Regards

Miss Arnott

Deputy Headteacher



Green Light

Give something new a go!



Start
Thurrock

15th February – 2nd March

Free creative experiences and tasters for everyone. Full programme and booking details inside!

Activities include:

- Family theatre shows
- Creative writing
- Print workshops
- Dance & movement
- Arts & crafts
- Film making
- Art workshops



Scan here to book your tickets

Community creativity starts here
StartThurrock.org

@StartThurrock



Sat 15 February

Circus Skills Workshop
Revel Puck Circus
Suitable for age 8+
3.30pm–5pm, 5.30pm–7pm
H

Sun 16 February

Boxville: Cardboard puppet show
Sam Wilde/ Cardboard Creations
Suitable for age 4+
11.30am, 2pm
1 hour show **G**

Café Create: Share and Make Session
Marsha Ashley/Together Productions
Suitable for all ages
3.30pm–5.30pm **L**

Mon 17 February

Once Upon a Flowerbed: Theatre Show
Moonbeam Theatre
Suitable for all ages
10.30am, 11.30am, 1.30pm
40 minute show **I**

Play in a Day
KIT Theatre
Suitable for age 5–11
9am–2.45pm **J**

Tues 18 February

Play in a Day
KIT Theatre
Suitable for age 5–11
9am–2.45pm **J**

Weds 19 February

Dreamcatcher Workshop
Charlotte Trower
Suitable for all ages
10.30am–11.30am, 11.30am–12.30pm **O**

Family Fun Day: Dreamcatcher Workshop, Tote Bag Printing and Watercolour Words
Charlotte Trower, Katie Carter Leay and Katja Rosenberg
Suitable for families
1.30pm–4.30pm **C**

Sublimation Textile Printing Workshop
Becky Vincer
Suitable for age 12+
1.30pm–3.30pm **I**
5.30pm–7.30pm **C**

Thurs 20 February

Film Making Workshop
Arts Outburst
Suitable for age 14+
1pm–4pm **E**

Fri 21 February

Family Fun Day: Dreamcatcher Workshop, Tote Bag Printing and Watercolour Words
Charlotte Trower, Katie Carter Leay and Katja Rosenberg
Suitable for families
10am–12pm, 12pm–2pm **L**

Sat 22 February

Find Your Voice: Family Musical Workshops
KIT Theatre
Suitable for families
9.30am–11.30am **J**

SPIN: An Interactive Poetry Gig
Apples and Snakes
Suitable for age 7+
11.30am, 2.30pm
1 hour show **C**

Beach of Dreams Movement Workshops
Kinetika
Suitable for age 10+
10am, 2pm
1 hour session **M**

Sun 23 February

Truck Art: Painting Workshop
Zareena Bano
Suitable for all ages
10.30am, 11.30am, 1.30pm, 2.30pm
1 hour session **F**

Find Your Voice: Family Musical Workshops
KIT Theatre
Suitable for families
10am–12pm, 1pm–3pm **J**

Mon 24 February

(The Moment) Everything Changed: Dance and Extended Reality Workshop
CoDa Dance Company
Suitable for all ages
11.45am, 1.45pm, 3.45pm, 5.45pm
1 hour session **P**

Weds 26 February

Watercolour Workshop
Kent Lowe
Suitable for age 18+
5.30pm–8.30pm **G**

Thurs 27 February

Watercolour Workshop
Kent Lowe
Suitable for age 18+
5.30pm–8.30pm **G**

Sat 1 March

Creative Writing Workshop
John Webber
Suitable for age 14+
10am–2pm **G**

Sun 2 March

Storytelling Performance and Workshop
Apples and Snakes
Suitable for age 7+
11am–12.30pm, 2pm–3.30pm **A**

* Suitable for ages are for guidance only, everyone is welcome unless it is an 18+ event. Under 18s must be accompanied by an adult.

Green Light

Venue G
Thurrock Lifestyle Solutions, 12 Derry Ave, South Ockendon, RM15 5DZ

Venue E
All Saints' Belhus Park, Foyle Drive, South Ockendon, RM15 5HF

Venue F
Belhus Park Scout Group, Faymore Gardens, South Ockendon, RM15 5NN

Venue D
Aveley Community Hub, Recreation Ground Car Park, High St, Aveley, RM15 4BX

Venue A
Purfleet Pantry, 32 River Ct, Centurion Way, Purfleet, RM19 1ZZ

Venue B
22 Mulberry Drive, Purfleet-on-Thames, RM19 1PY

Venue C
St Stephen's Church, 1 London Rd, Purfleet-on-Thames, RM19 1QD

Venue I
Brandon Groves Community Club, Brandon Groves Ave, South Ockendon, RM15 6SB

Venue H
South Ockendon Village Hall, North Rd, South Ockendon, RM15 6QH

Venue J
Thameside Complex, Orsett Rd, Grays, RM17 5DX

To book, visit us at startthurrock.org/whats-on

For further information, call us on 01375 531410

All events are free, but spaces are limited and booking is essential!

Venue K
Pyramid Resource Centre, Heath Rd, Chadwell-St-Mary, RM16 4XH

Venue O
George Tilbury House, Godman Rd, Chadwell-St-Mary, RM16 4TE

Venue P
East Tilbury Village Hall, Princess Margaret Road, East Tilbury, Tilbury, RM18 8RB

Venue N
Chadwell Library, Brentwood Rd, Chadwell-St-Mary, Grays RM16 4JP

Venue L
Chadwell St Mary Village Hall, Waterson Rd, Chadwell-St-Mary, RM16 4NX

Venue M
Tilbury Community Association, Civic Square, Tilbury, RM18 8AA

Featured



Once Upon a Flowerbed: Theatre Show **I**



Beach of Dreams Movement Workshops **M**



Boxville: Cardboard puppet show **G**



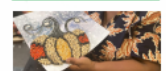
Play in a Day **J**



Circus Skills Workshop **H**



(The Moment) Everything Changed **P**



Café Create **L**

SCHOOL WEBSITE



Our school website is packed full of amazing things:

- SCHOOL DATES
- CONTACT INFORMATION
- CLASS PAGES
- HELP AND SUPPORT SERVICES
- NEWSLETTERS
- SCHOOL LETTERS

And much more...

Why not take a **LOOK!**

www.shawprimaryacademy.co.uk
[Home](#) | [Shaw Primary School](#)



School Start times:

8.45am

We have had lots of children arriving late for school.

This causes disruption to the class when children arrive late, also needing adults to come away from working with children to collect!!!



Please can we ask parents and carers to help us by ensuring all belongings are labelled clearly with their child's name. When children leave their belongings around the school they can then be returned.

We have lots of unnamed uniform which if not claimed is disposed of.



We currently have some lovely pieces of uniform so before you spend lots of pennies on new uniform we could help you save money.

If there are any items you require please email:

fps0@shawprimary.thurrock.sch.uk



School Health Team Primary School E-Support

The School Health Team is dedicated in giving the best health care for you and your family. We have lots of information and resources to support you and your child's journey through school.

If you would like information, advice or support about anything health related for your child from one of our Skilled Practitioners in the School Health Team, send a request via the QR code.



Scan me

Best care by the best people



THURROCK YOUNG CARERS YOUNG CARERS ACTION DAY 2025

FUN FACT

DID YOU KNOW
THERE ARE
ALREADY OVER
1,200 YOUNG
CARERS WHO WE
HAVE IDENTIFIED
IN THURROCK?!



YOUNG CARERS ACTION DAY IS TAKING PLACE ON
WEDNESDAY 12TH MARCH 2025!

WHO ARE YOUNG CARERS?

Young Carers provide regular care / support to someone in their family who is ill, disabled, has a mental health problem or an addiction.

HOW CAN YOU HELP?

Help us raise Awareness for Young Carers by simply discussing what a Young Carer is or wearing something yellow on Wednesday 12th march 2025.

#YoungCarersActionDay



@bdandthurrock
youngcarers



Thurrock Young
Carers



BandOfCarers



FREE School Uniform Events



free for everyone,
no referral needed!

Fridays
3 - 4.30pm

17th January
21st February
21st March
25th April
23rd May
20th June



Saturdays
10 - 11.30am

18th January
22nd February
22nd March
26th April
24th May
21st June



Community Church Chadwell St Mary
Defoe Parade (enter from Brentwood Road)

RM16 4QR

Save the planet 🌍 and your pennies 💰
Hundreds of items in stock:

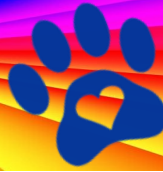
- Polo shirts
- Shirts & blouses
- Skirts
- Trousers
- Socks
- Pinafore dresses
- Fancy dress costumes
- Jumpers & cardigans
- Blazers & ties
- PE kit
- Plimsolls
- Black shoes
- Coats
- Bags

Clean, good condition school uniform donations accepted when space allows. Please check our facebook page to see if we are currently collecting. Search facebook for "The 180 Project" or email nicola.lambert@mycommunitychurch.org.uk

An event run by The 180 Project, part of Community Church.
Registered charity no. 1062301.



FRY'S PAGE



Some of Fry's
friends made
home-made dog
treats



FRY'S WOW WORK WINNERS OF THE MONTH

Harry Cripps

Leah Burke

Aleeza Oyelekan

Patrick Maughan Jones

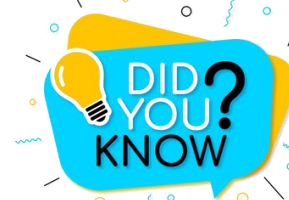
Mathis Pop

Kitty-Rose Medne-Ernesto

David Gatman

Rosie-May Connelly

Kayden Mimi



Dogs are descended from wolves

The domestic dog descended from the grey wolf, which is native to Europe, North America and Asia. The gradual domestication of wolves into the dogs that we share our homes with today started many years ago; around 100,000 years ago, to be precise! Dogs are a sub-species of the grey wolf; meaning that the grey wolf still exists in its natural form in the wild today as well.

Please click on the link below to
Fry's amazing new page on our
school website

[Fry - Our school dog! | Shaw Primary School](#)



Absence Line



If your child is absent from school for any reason you must notify the school, by phone, email (fpso@shawprimary.thurrock.sch.uk) or in person on the first day of absence.

We have a dedicated absence line which opens from 8am (**01708 852367 -Option 1**) If you call before this time, you can leave a message.



Please REMEMBER to book your child's lunch.

You must pay, if applicable, when ordering.

We will not be taking cash/cheques in school except in exceptional circumstances.

The link you need to go online, set up and use your account is:

Edsp.co/sm-login

You can now book your child's school dinner online up to midnight the night before.

Packed lunches **do not** need to be booked online.

Breakfast Club must also be booked and paid for online.

If you are having any problems with your account, please contact the school office.

School dinners are £2.40



Breakfast club is open Monday to Friday from **7.45am** to **8.45am** in term time only.

Children should arrive no earlier than **7.45am** and no later than 8.20am as no breakfast will be served after this time.

Breakfast Club will be situated in the Junior Hall.

The club is open to children attending Shaw in Reception to Year 6.

A selection of activities and games, suitable for a range of ages and interests, will be offered after children have eaten.

Children will be escorted to their classes at 8.40 by a member of staff.

Breakfast club places need to be booked and paid for via the school money website. £2.50 per day from September 2024.

Children may attend for the full week or on chosen days.