

## Weekly Menu: Shaw Autumn Winter menu week 2 24/25

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
BBQ Chicken	Cheese & Tomato Pizza	Roast Gammon	Creamy Chicken Curry	Fish Fingers
Rice and peas	Potato Smiles	Roast Quorn Fillet	Chunky Vegetable Curry	Quorn Dippers
Macaroni Cheese	Tuna Pasta Bake	Roast Potatoes	Rice	Chips
Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling	Yorkshire Pudding	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
Cheese	Cheese	Gravy	Cheese	Cheese
Tuna Mayo	Tuna Mayo	Jacket Potato with a Choice of Filling	Tuna Mayo	Tuna Mayo
Baked Beans	Baked Beans	Cheese	Baked Beans	Baked Beans
Pasta	Pasta	Tuna Mayo	Pasta	Pasta
		Baked Beans		Tomato Ketchup
		Pasta		
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Sweetcorn	Broccoli	Carrots	Green Beans	Peas
Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Ice Cream	Cocoa Sponge	Fruit Jelly	Vanilla Shortbread	Banana Sponge
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Cream crackers	Cream crackers	Cream crackers	Cream crackers	Cream crackers
Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese
Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread

## Allergens

BBQ Chicken: **Celery, Sulphur Dioxide**; Rice and peas: **Celery**; Macaroni Cheese: **Celery, Cereals containing gluten, Milk, Mustard**; Jacket Potato with a Choice of Filling: **No allergens**; Cheese: **Milk**; Tuna Mayo: **Eggs, Fish**; Baked Beans: **No allergens**; Pasta: **Cereals containing gluten, Mustard, Soya**; Sweetcorn: **No allergens**; Seasonal Salad Bar: **No allergens**; Ice Cream: **Milk**; Fresh Fruit: **No allergens**; Cream crackers: **Cereals containing gluten**; Soft Cheese: **Milk**; Wholemeal Bread: **Cereals containing gluten, Soya**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; Potato Smiles: **No allergens**; Tuna Pasta Bake: **Celery, Cereals containing gluten, Fish, Milk, Mustard, Soya**; Cocoa Sponge: **Cereals containing gluten, Eggs**; Roast Gammon: **No allergens**; Roast Quorn Fillet: **Cereals containing gluten**; Roast Potatoes: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Gravy: **No allergens**; Carrots: **No allergens**; Fruit Jelly: **No allergens**; Creamy Chicken Curry: **No allergens**; Chunky Vegetable Curry: **Celery, Mustard**; Rice: **No allergens**; Green Beans: **No allergens**; Vanilla Shortbread: **Cereals containing gluten**; Fish Fingers: **Cereals containing gluten, Fish**; Quorn Dippers: **Cereals containing gluten**; Chips: **No allergens**; Tomato Ketchup : **No allergens**; Peas: **No allergens**; Banana Sponge: **Cereals containing gluten, Eggs**