# **Brighter** Futures

# Purfleet-on-Thames Family Hub



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thurrock.gov.uk

#### What's on in July 2025

#### 0-12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	11am	Midday	Start for life – Stay and Play 7, 14, 21 and 28 July	All welcome
Tuesdays	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0-60 months 1, 8, 15, 22 and 29 July	All welcome
	1pm	2:30pm	Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 1, 8, 15, 22 and 29 July	All welcome
Wednesdays	11am	Midday	Start for life - Soft Play 9, 16, 23 and 30 July	All welcome
	1pm	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child.  30 July (last Wednesday in every month)	Book in advance
Thursdays	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 3 July	All welcome
	10:30am	1:00pm	Parents 1 <sup>st</sup> Coffee Morning  10 July	All welcome
	11am	Midday	Dental Event 24 July	Book in advance
	1:30pm	2:30pm	Baby Massage 10, 17, 24 and 31 July	Book in advance
Saturday	9:30am	11:30am	Dads and Baby Morning	Bookings only.

	(Expecting dads and dads with children up	Call: 07789 721006
	to 5 years old)	
	Saturday 26 July	

#### 12 - 24 months:

Days of the week	Start	End	Activity	How to join in
Mondays	9:30am	10:30am	Start for life - Stay and Play 7, 14, 21 and 28 July	All welcome
Tuesdays	9:30am	10:30am	Messy Play 8, 15, 22 and 29 July	All welcome
	11am	Midday	Messy Play 8, 15, 22 and 29 July	All welcome
	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 1, 8, 15, 22 and 29 July	All welcome
	1pm	2:30pm	Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 1, 8, 15, 22 and 29 July	All welcome
Wednesdays	9:30am	10:30am	Soft Play 9, 16, 23 and 30 July	All welcome
	1:30pm	2:30pm	Arts and Crafts 9, 16, and 23 July	All welcome
	1pm	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child.  30 July (last Wednesday in every month)	Book in advance
Thursdays	9:30am	10:30am	Let's talk with your Toddler 10, 17, 24 and 31 July	Book in advance
	10:30am	1:00pm	Parents 1 <sup>st</sup> Coffee Morning  10 July	All welcome
	11am	Midday	Dental Event 24 July	Book in advance
Fridays	9:30am	10:30am	Fun with books 25 July	Book in advance
	1:30pm	2:30pm	Sensory Play 11, 18 and 25 July	All welcome
Saturday	9:30am	11:30am	Dads and Baby Morning (Expecting dads and dads with children up to 5 years old) Saturday 26 July	Bookings only. Call: 07789 721006

Services and activities for parents and children aged 2-19 years

## 24 - 60 Months:

Mondays	9:30am	10:30am	Stay and Play <b>7, 14, 21 and 28 July</b>	All welcome
	1:30pm	2:30pm	Stay and Play 7, 14, 21 and 28 July	All welcome
Tuesdays	11am	Midday	Messy Play 8, 15, 22 and 29 July	All welcome
	1:30pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 1, 8, 15, 22 and 29 July	All welcome
	1:30pm	2:30pm	Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 1, 8, 15, 22 and 29 July	All welcome
Wednesdays	9:30am	10:30am	Soft Play 9, 16, 23 and 30 July	All Welcome
	1:30pm	2:30pm	Arts and Crafts 9, 16, and 23 July	All welcome
	1pm	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child.  30 July (last Wednesday in every month)	Book in advance
Thursdays	11am	Midday	Bring a story to life 10, 17 and 31 July	All welcome
	11am	Midday	Dental Event 24 July	Book in advance
Fridays	9.30am	10:30am	Fun with Books 25 July	All Welcome
	11am	Midday	Chatterbox 4, 18 and 25 July	Book in advance
	1:30pm	2:30pm	Sensory Play 11, 18 and 25 July	All welcome
Saturday	9:30am	11:30am	Dads and Baby Morning (Expecting dads and dads with children up to 5 years old) Saturday 26 July	Bookings only. Call: 07789 721006

## 5 - 19 Years:

Mondays	9:00am	4:30pm	Child and Mental Health Services	Referral only
			(CAMHS)	

# General Family Hub Support Services:

Mondays	9:00am	1:00pm	1–2 Year Development Checks	Book in Advance 0300 300 1999
Tuesdays	9:30am	11:30am	1–2 Year development Checks 1, 8, 15, 22 and 29 July	Book in Advance 0300 300 1999
	10:00am	4:30pm	Parent Outreach Advice Session  15 July	Book in Advance 01375 652104
Wednesdays	8:45am	Midday	Speech and Language drop in Clinic  2 July (1st Wednesday every month)	Appointment only by email: <a href="mailto:Drop-in@nelft.nhs.uk">Drop-in@nelft.nhs.uk</a>
Thursdays	10:30am	1:00pm	Parents 1 <sup>st</sup> Coffee Morning <b>10 July</b>	All welcome
	11am	Midday	Dental Event 24 July	Book in Advance
	Midday	4:00pm	Forward Trust - Substance Misuse	Book in advance by calling Lorraine Gray 07485359896

#### **Brighter Futures – Family Hub Offer**

Please use this link to see the Family Hub offer and activity details.' <a href="https://www.thurrock.gov.uk/family-hub-activities">www.thurrock.gov.uk/family-hub-activities</a>

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockschildrenscentres

Are you registered with the Family Hub? If not, you can do this online. www.thurrock.gov.uk/family-hubs