



Friday 1st December 2023

2023-2024 - Issue No 3

Well-being Tip of the month

November

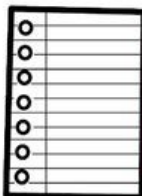
Self-care techniques and general lifestyle changes can help manage the symptoms of many mental health problems. They may also help prevent some problems from developing or getting worse. Here are some tips for looking after yourself that you might find helpful.

Practicing Self-Care Today



Meet your needs.
Do one thing
you've been
putting off.

Focus on talking
to yourself in a
kind and supportive
way.



Make a list of
ways you can be
nice to yourself
today.



Write down three
things you love
about yourself or
your life.

Make a plan
for your week.
Focus on self-
care, mental
health or being
productive.



BlessingManifesting



Do something
that makes you
feel calm &
relaxed.

SAM Award

CLASS	3/11/23	10/11/2023	17/11/2023	24/11/23
THEME	RESOURCEFULNESS	EVERYONE IS GOOD	HONOUR	TEAMWORK
NURS	Maryam Hassan	Archie Snyder	Megan Keating	Taliah-Rose Corek
RS	Hannah Searle	Daisy Newman	All of RS	Effie Rhule-Sawyers
RD	Shahrin Zahir	Harley Heath	Faik Sadriu	Olive Barlow
IDL	Damian Parasiuc	Tommy-Joe Mason	Tommy-Joe Mason	Evelyn Eaglen
IT	Amelia-Rose Keating	Joshua Aselaode	Riyad Alli	Alexis Dzah
2M	Rocco Reed	Victoria Oleynichenko	Manpreet Kaur	Leslie Njau
2MD	Kamil Krewicki	Luca Woodbine	Garv Patel	Sofia Tampu
3G	Aarav Dixit	Shanila Zahi	Stephanie Slitpi-Mensah	Hellen Cripps
3SO	Eileen Dunne	Skyla Cutmore Statham	Ella Kulasic	Robert Nastase
4B	Tommy Judd	William Ada-amenda	Emily Olupona	Harry Chambers
4AT	Sienna Batten	Riley Williams	Jasper Lay	Mia Tebbett
5J	Scarlett Stephens	Dylan Parmenter	Aleksis Adofu	Faith Lucas Perry
5K	Victoria Ganeva	Ameila Pekore	Tiwadara Komolafe	Karmen Miklevicz-Shea
6C	Donnie To	Lexie Reynolds-Hill	Adriel O	Aronas Adomonis
6G	Nicholas Tran	Jaymi Dam	Kamile Grumadaite	David Rusu

House Points

Below are the weekly standings for our weekly house point competition. Winning teams are highlighted in their team colour.



	3/11/23	10/11/23	17/11/23	24/11/23
<i>Ruby</i>	543	560	540	669
<i>Sapphire</i>	460	573	596	633
<i>Emerald</i>	531	538	523	651
<i>Topaz</i>	570	548	524	631



CLASS ATTENDANCE AWARD WINNERS AND WHOLE SCHOOL PERCENTAGE

Date	Key Stage 1 Winner	%	Key Stage 2 Winner	%	Whole School Percentage
30/10/23	2M	98.7%	5K	97.3%	93.6%
6/11/23	2M	98.3%	5J	97.9%	94.9%
13/11/23	2M	97.3%	5K	98.7%	94.9%
20/11/23	2MD	99%	6G	97.2%	95%



Congratulations!



House ATTENDANCE OF The Week

The houses with the highest attendance for this month

	30/10/23	6/11/23	9/10/23
RUBY	91.1%	90.1%	92.4%
SAPPHIRE	90.3%	92.3%	94.1%
EMERALD	96.4%	94.4%	93.3%
TOPAZ	93.2%	92.3%	93.7%



SPORTS PERSON

	13/11/2023	20/11/2023
EYFS - KS1	Reuben Akomeah	Madison Mburu-Hyde
KS2	Adriel Oyelekan	Ivy-Rae Brookman-Gold



Well done!



Book Reviews

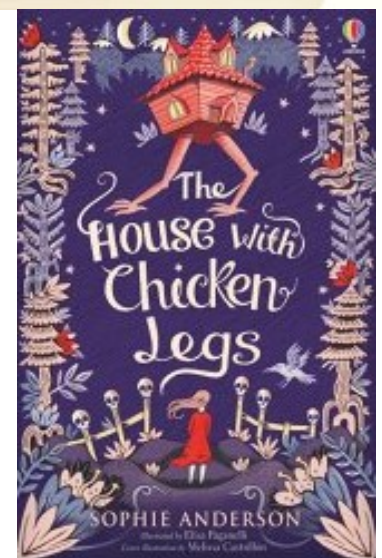
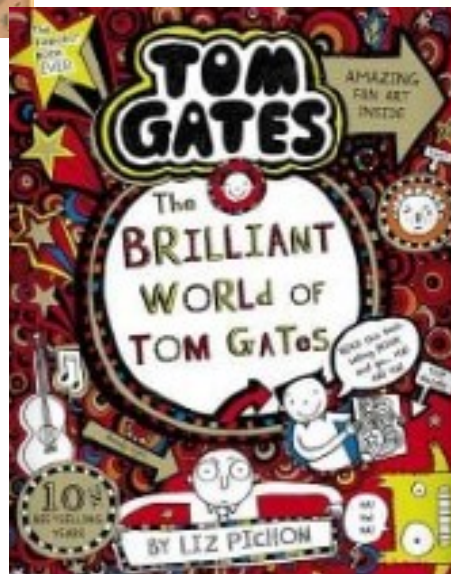
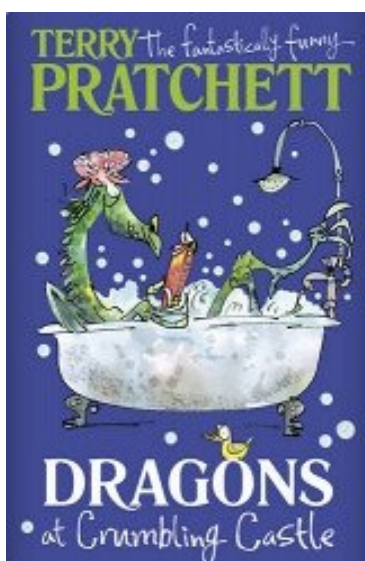
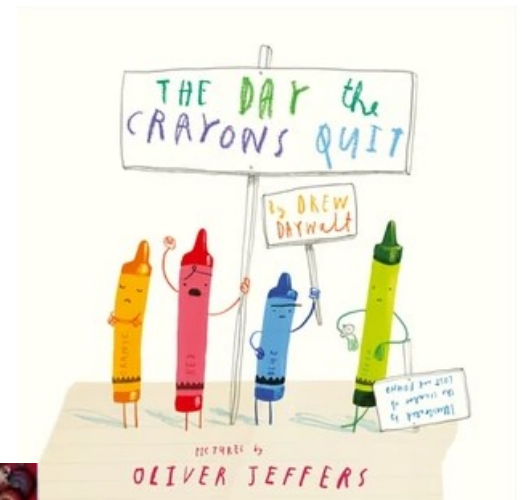
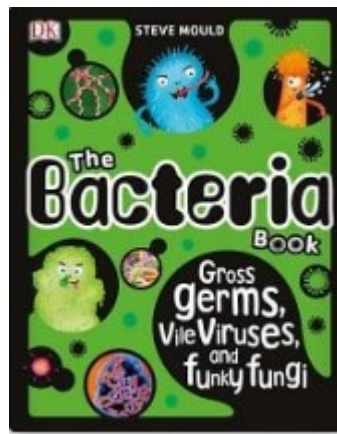
The Reader Teacher

Reads, Reviews & Recommendations!



www.thebookteacher.com

Check out the Book Teacher.com for Octobers book reviews
below are just a few of the amazing



Don't forget to visit our reading dens at lunchtime
in KS1 and KS2. You will find books on current topics,
you can write reviews on the books too!!

Language of the Half-Term

Our Language for this Term is Lithuanian. Here is a map to show you the country Lithuania.



In the main school entrances, you will see a welcome sign and other key phrases. In and around the school we are labelling key areas and items.

To embrace the spirit, we have dated the newsletter in Lithuanian and added the national flag.

This month's words are:

tikiuosi, kad turite gražią dieną
which means Hope you have a lovely day

Man buvo miela tave matyti which means it was
lovely to see you





CLASS ASSEMBLY



3SO ASSEMBLY

On Friday 3rd November, 3SO shared their learning with their grown ups and the rest of KS2. They demonstrated their wonderful knowledge of the 3 times table through a song, modelled how to improve their sentences by adding on adverbs, adjectives and expanded noun phrases, and reminded us of the rules for adding and subtracting a range of 2 digit numbers! Remember, if there is more on the floor, go next door and get 10 more! Finally they thrilled us with a song all about friendship and kindness! Well done 3SO!



IT ASSEMBLY

For our Class Assembly, we took our families on our learning journey from Reception to Year 1.

We shared our learning in Science, Maths, English, Friendships and some wonderful songs we have learnt.

We hope you enjoyed our Assembly.



4AT ASSEMBLY

4AT shared with their adults all the fabulous Maths learning they have been doing. They were able to explain what the area of a shape is and they built on their knowledge of perimeter in Y3. They also sang a 6 times tables song as they have been working very hard on learning their 6, 7, 9, 11 AND 12 times tables. They have been really enjoying reading the fabulous book How to Train Your Dragon by Cressida Cowell and were able to share some fantastic writing based on the book. In the afternoons, 4AT have been building on their art skills and showed off their lovely portraits of their friend with a moustache and of the lovely Fry. They tried really hard to improve their skills from Y3. Finally they shared one of Ms Kimpton's favourite songs, Mamma Mia by Abba.



PRODUCTION DATES



EYFS -The Nativity
Monday 18th December



KS1 -Little Angel gets her wings
Wednesday 13th December



**KS2 -A funny thing happened on
the way to Camelot**

Years 3&4 Tuesday 12th December

Years 5&6 Thursday 14th December



If you have a little one due to start school September 2024 and would like a tour of the BEST SCHOOL IN THE WORLD!!! Then please contact Mrs Downes. Email

fps0@shawprimary.thurrock.sch.uk

SCHOOL WEBSITE



Our school website is packed full of amazing things:

- SCHOOL DATES
- CONTACT INFORMATION
- CLASS PAGES
- HELP AND SUPPORT SERVICES
- NEWSLETTERS
- SCHOOL LETTERS

And much more...

Why not take a **LOOK!**

www.shawprimaryacademy.co.uk



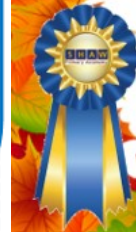
Autumn Attendance

Challenge

All children who are in school on time every day from Monday 11th September until the end of the Autumn term can win a prize and certificate!!!

Attendance Matters!

Every Student, Every School, Every Day



Lost Property

Please can we ask parents and carers to help us by ensuring all belongings and items of uniform are labelled clearly with their child's name. When children leave their belongings around school they can then be returned if named, if they aren't named it is very difficult to identify.



We currently have some lovely pieces of uniform so before you spend lots of pennies on new uniform we could help you save money.

If there are any items you require please email:

fps0@shawprimary.thurrock.sch.uk





Is my child too ill for school?



It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about [managing specific infectious diseases at GOV.UK](#). These say when children should be kept off school and when they shouldn't. If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason. If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

Coughs and colds

It's fine to send your child to school with a minor [cough](#) or [common cold](#). But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

Conjunctivitis

You don't need to keep your child away from school if they have [conjunctivitis](#). Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

Ringworm

If your child has [ringworm](#), see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Head lice and nits

There's no need to keep your child off school if they have head lice. You can treat [head lice and nits](#) without seeing a GP.

Ear infection

If your child has an [ear infection](#) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Sore throat

You can still send your child to school if they have a [sore throat](#). But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of [tonsillitis](#).

Chickenpox

If your child has [chickenpox](#), keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first

Hand, foot and mouth disease

If your child has [hand, foot and mouth disease](#) but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Scarlet fever

If your child has [scarlet fever](#), they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Cold sores

There's no need to keep your child off school if they have a [cold sore](#). Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

High temperature

If your child has a [high temperature](#), keep them off school until it goes away.

Vomiting and diarrhoea

Children with [diarrhoea](#) or [vomiting](#) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (24 to 48 hours).

Threadworms

You don't need to keep your child off school if they have [threadworms](#). Speak to your pharmacist, who can recommend a treatment.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have [slapped cheek syndrome](#) because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome especially if there are pregnant staff.

Impetigo

If your child has [impetigo](#), they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school. Your child should try to stay at home and avoid contact with other people if they have [symptoms of COVID-19](#) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

What to do if your child has tested positive

Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.



Absence Line



If your child is absent from school for any reason you must notify the school, by phone, email (fpso@shawprimary.thurrock.sch.uk) or in person on the first day of absence.

We have a dedicated absence line which opens from 8am (**01708 852367 -Option 1**) If you call before this time, you can leave a message.



Please REMEMBER to book your child's lunch.

You must pay, if applicable, when ordering.

We will not be taking cash/cheques in school except in exceptional circumstances.

The link you need to go online, set up and use your account is:

Edsp.co/sm-login

You can now book your child's school dinner online up to midnight the night before.

Packed lunches **do not** need to be booked online.

Breakfast Club must also be booked and paid for online.

If you are having any problems with your account, please contact the school office.

School dinners are £2.30



Breakfast club is open Monday to Friday from **7.45am** to **8.50am** in term time only.

Children should arrive no earlier than **7.45am** and no later than 8.20am as no breakfast will be served after this time.

Breakfast Club will be situated in the Junior Hall.

The club is open to children attending Shaw in Reception to Year 6.

A selection of activities and games, suitable for a range of ages and interests, will be offered after children have eaten.

Children will be escorted to their 'circles' at 8.50 by a member of staff.

Breakfast club places need to be booked and paid for via the school money website. £2 per day from September 2022

Children may attend for the full week or on chosen days.

EVENTS

FORUM 1972

Palika Girl Performances in association with Thurrock Council present

thameside

MELISSA VESZI as Fairy Godmother

KILIAN PERPETUINI as King

LUKE COLDHAM as Prince

JOSH HARRISON YELLOP as Jack

LIBERTY STOTTOR as Princess

RICHARD BURMAN as The Beast

Jack and the Beanstalk

Sponsored by

HW WILSON Lakeside Shopping Centre YOUNG PEOPLE'S HEART

1 December 2023 - 7 January 2024

THAMESIDE THEATRE
Orsett Road, Grays, RM17 5DX

Box Office: 0345 300 5264
thurrock.gov.uk/theatre

thurrock.gov.uk

Belhus & Ockendon Forum together with local businesses & St Nicholas Church present the event with proceeds going to the church repair fund

THE BIG Christmas SWITCH ON

FRIDAY 1ST DECEMBER 2023

Starts from 5:00pm

Mini Christmas Market

Carol singing

Music from Thurrock Spectrum Brass

Teas, coffees & Mince Pies

A visit from Father Christmas

Christmas Raffle

Village Green, South Ockendon

Supported by HW Wilson

1st Ockendon Scout Group

Christmas Fayre

Saturday 2nd December 2023

11.30am - 3pm

Join us on this festive occasion. Our stalls will give you a great chance to win prizes and have some fun!!!

Entrance 20p

Santa £3 per child

1st Ockendon Scouts

Tamarisk Road, South Ockendon RM15 6JD

Merry CHRISTMAS

ARTS & CRAFTS & A GIFT FROM SANTA

JOIN US FOR A FUN AFTERNOON FULL OF ACTIVITIES!

Tickets £1 per child

DECEMBER 9TH

1 PM TO 4 PM

TICKETS AVAILABLE NOW FROM THE HUB LIMITED SPACES

53-54 River Court, Centurion Way, Purfleet-on-Thames, RM19 1ZY