

May 2025

RELATIONSHIPS AND SEX EDUCATION

Dear Parents/Carers,

In Year 6, during the Summer term, we talk to children about changes in their bodies and the emotional changes that they will encounter as they grow. This is part of our PSHE curriculum, and our policy for Relationship and Sex Education.

We will be using a resource that is recommended by PSHE Association called 'Growing up with Yasmine and Tom.' There are separate videos for each session alongside worksheets and activities and all the videos use the same cartoon characters. There are no real-life photos or pictures. It is important that all children see the videos for all genders not just their own. The understanding of what is happening to their peers helps to develop a respect and enables more open discussions later in life within their own relationships. Although the children will take part in all of the lessons, girls and boys will take part in the lessons in separate rooms; this is to ensure that they feel comfortable should they wish to ask relevant questions or discuss any concerns they may have.

There are 6 sessions and they will take place on the following dates:

Session Date:	Lesson:
06.06.2025	1. Introduction Lesson: Things That Change
12.06.2025	2. Changes in Puberty
20.06.2025	3. Changes in Girls
26.06.2025	4. Changes in Boys
07.07.2025	5. How Babies Are Made
07.07.2025	6. How Babies Are Born

If you would like to view the content of the lessons, discuss anything before the sessions commences, or if any questions arise from yourself or your children that you would like to talk through with us, please do not hesitate to contact us.

Lessons 1-4 are a statutory part of the RSE curriculum but you may opt out of lessons 5 and 6.

Please complete the slip below and hand it to your class teacher by **Friday 23rd May**.

Yours sincerely,

Ms Tomlinson
KS2 Lead

✂.....✂

Child's name Class.....

☐ I wish to opt my child out of lessons 5 and 6, 'How babies are made' and 'How babies are born'
ONLY

Signed Print name(parent/carer)