

























Week 1

Shaw

























Please note that the menu may change subject to local needs

WEEK COMMENCING - 4th November - 25th November - 16th December - 20th January - 10th February - 10th March -31st March

Monday	Pork Sausage Cowboy casserole With Rice 	Quorn Sausage Cowboy casserole With Rice   	Jacket Potato with a choice of filling	Mixed vegetables	Seasonal Salad Bar	Fruit Smoothie  
Tuesday	Cheese & Tomato Pizza With Potato Cubes 	Roasted Vegetable Pasta Bake   	Jacket Potato with a choice of filling	Broccoli	Seasonal Salad Bar	Berry Muffin 
Wednesday	Roast Chicken with Roast Potatoes , Yorkshire Pudding & Gravy	Roast Quorn Fillet with Roast Potatoes , Yorkshire Pudding & Gravy	Jacket Potato with a choice of filling	Carrots	Seasonal Salad Bar	Fruit Jelly  
Thursday	Cottage Pie  	Meat Free Sausage Roll With Mashed Potato   	Jacket Potato with a choice of filling	Sweetcorn	Seasonal Salad Bar	Angel Delight  
Friday	Fish Fingers With Chips 	Cheesy Wrap Stack 	Jacket Potato with a choice of filling	Peas	Seasonal Salad Bar	Carrot Cake  


Week 2

WEEK COMMENCING - 11th November - 2nd December - 6th January - 27th January - 24th February - 17th March

Monday	BBQ Chicken With Rice & Peas  	Mac & Cheese 	Jacket Potato with a choice of filling	Sweetcorn	Seasonal Salad Bar	Ice Cream  
Tuesday	Cheese & Tomato Pizza With Potato Smiles 	Tuna Pasta Bake	Jacket Potato with a choice of filling	Broccoli	Seasonal Salad Bar	Cocoa Sponge 
Wednesday	Roast Gammon with Roast Potatoes , Yorkshire Pudding & Gravy	Roast Quorn Fillet with Roast Potatoes , Yorkshire Pudding & Gravy 	Jacket Potato with a choice of filling	Carrots	Seasonal Salad Bar	Fruit Jelly  
Thursday	Creamy Chicken Curry With Rice  	Creamy Chunky Vegetable Curry With Rice    	Jacket Potato with a choice of filling	Green Beans	Seasonal Salad Bar	Vanilla Shortbread  
Friday	Fish Fingers With Chips 	Quorn Dippers With Chips   	Jacket Potato with a choice of filling	Peas	Seasonal Salad Bar	Banana Sponge  

Week 3

WEEK COMMENCING - 18th November - 9th December - 13th January - 3rd February - 3rd March - 24th March

Monday	Creamy Tomato & Meatball Pasta	Creamy Tomato Quorn Ball Pasta  	Jacket Potato with a choice of filling	Broccoli	Seasonal Salad Bar	Fruit Yoghurt  
Tuesday	Cheese & Tomato Pizza With Potato Wedges 	Chunky Quorn Chilli Tortilla Boat 	Jacket Potato with a choice of filling	Sweetcorn	Seasonal Salad Bar	Vanilla Muffin  
Wednesday	Roast Chicken with Roast Potatoes , Yorkshire Pudding & Gravy	Roast Quorn Fillet with Roast Potatoes , Yorkshire Pudding & Gravy 	Jacket Potato with a choice of filling	Carrots	Seasonal Salad Bar	Fruit Jelly  
Thursday	Beef Burger With Potato Puffs 	Tomato & Basil Pasta   	Jacket Potato with a choice of filling	Mixed vegetables	Seasonal Salad Bar	Ice Cream 
Friday	Fish Fingers With Chips 	Vegetable Fingers With Chips   	Jacket Potato with a choice of filling	Peas	Seasonal Salad Bar	Spiced Orange Cake 



Gluten Free
Dairy Free
Vegan
Vegetarian

Additional daily foods available: Wholemeal bread.

Alternative desserts, Fruit     , Soft Cheese  

Tomato Ketchup - As an appropriate optional accompaniment on Selected days

Plain Pasta   

Crackers   

Jacket Potato Fillings

Cheese   Tuna Mayo 

Baked Beans 