

Weekly Menu: Shaw Spring Summer menu 25 Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
BBQ Chicken	Cheese & Tomato Pizza	Roast Gammon	Creamy Tomato & Meatballs	Fish Fingers
Vegetable Rice	BBQ Quorn Fillet	Roast Quorn Fillet	Pasta	Quorn Dippers
Macaroni Cheese	Potato Cubes	Roast Potatoes	Meat Free Sausage Roll	Chips
Jacket Potato with a Choice of Filling	Pasta	Yorkshire Pudding	Mash Potatoes	Tomato Ketchup KS2
Cheese	Jacket Potato with a Choice of Filling	Gravy	Jacket Potato with a Choice of Filling	Jacket Potato with a Choice of Filling
Tuna Mayo	Cheese	Jacket Potato with a Choice of Filling	Cheese	Cheese
Baked Beans	Tuna Mayo	Cheese	Tuna Mayo	Tuna Mayo
Pasta	Baked Beans	Tuna Mayo	Baked Beans	Baked Beans
		Baked Beans		Pasta
		Pasta		
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Mixed Vegetables	Sweetcorn	Broccoli	Mixed Vegetables	Peas
Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar	Seasonal Salad Bar
Dessert	Dessert	Dessert	Dessert	Dessert
Fruit Smoothie	Jam Sponge	Fruit Jelly	Vanilla Shortbread	Berry Muffin
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Cream crackers	Cream crackers	Cream crackers	Cream crackers	Cream crackers
Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese	Soft Cheese
Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread	Wholemeal Bread

Allergens

BBQ Chicken: **Celery, Sulphur Dioxide**; Vegetable Rice: **No allergens**; Macaroni Cheese: **Celery, Cereals containing gluten, Milk, Mustard**; Jacket Potato with a Choice of Filling: **No allergens**; Cheese: **Milk**; Tuna Mayo: **Eggs, Fish**; Baked Beans: **No allergens**; Pasta: **Cereals containing gluten, Mustard, Soya**; Mixed Vegetables: **No allergens**; Seasonal Salad Bar: **No allergens**; Fruit Smoothie: **No allergens**; Fresh Fruit: **No allergens**; Cream crackers: **Cereals containing gluten**; Soft Cheese: **Milk**; Wholemeal Bread: **Cereals containing gluten, Soya**; Cheese & Tomato Pizza: **Celery, Cereals containing gluten, Eggs, Milk, Soya**; BBQ Quorn Fillet: **Cereals containing gluten**; Potato Cubes: **Cereals containing gluten**; Sweetcorn: **No allergens**; Jam Sponge: **Cereals containing gluten, Eggs**; Roast Gammon: **No allergens**; Roast Quorn Fillet: **Cereals containing gluten**; Roast Potatoes: **No allergens**; Yorkshire Pudding: **Cereals containing gluten, Eggs, Milk**; Gravy: **No allergens**; Broccoli: **No allergens**; Fruit Jelly: **No allergens**; Creamy Tomato & Meatballs: **Celery**; Meat Free Sausage Roll: **Cereals containing gluten**; Mash Potatoes: **No allergens**; Vanilla Shortbread: **Cereals containing gluten**; Fish Fingers: **Cereals containing gluten, Fish**; Quorn Dippers: **Cereals containing gluten**; Chips: **No allergens**; Tomato Ketchup : **No allergens**; Peas: **No allergens**; Berry Muffin: **Cereals containing gluten, Eggs, Milk**